



Town Board Special Workshop Meeting March 6, 2019

The Town Board of the Town of Chester convened at the Town of Chester Municipal Center, 6307 State Route 9, Chestertown, New York, at 5:00 pm.

Roll Call: Supervisor Craig Leggett, Karen DuRose, Mike Packer, Larry Turcotte and Steve Durkish.

Regular Meeting:

Supervisor Leggett opened the Regular Town Board Meeting at 5:13 pm with Larry Turcotte leading the Pledge of Allegiance.

Supervisor Leggett introduced Brian Bearor, Chief Executive Officer Family YMCA of The Glens Falls Area to speak about the proposed Wellness Center in the Town Hall.

Mr. Bearor thanked the Town for the opportunity of having the YMCA at the Town Hall since the fire at the YMCA Adirondack facility. Brian spoke about first applying to the AHI Innovation Grant for \$250,000 and how it was asked to be reduced due to the amount of applicants. Brian said that the grant is not official until the contract is signed. Brian handed the Board an Executive Summary highlighting the following topics he covered: Target Audience, Sustainability, Replication Services, Outcome Measurements, How the Project will Transform Medicaid, Partners Specific Roles, PFP (Pay for Performance) and VBP (Value Based Payments), and Tracking.

HHHN will make referrals to the YMCA and the YMCA will refer members to HHHN. Brian commented that the Y has been in existence in this area for over 135 years. Brian said they are currently working on pricing for membership, besides having a full YMCA membership they would also like to offer a Wellness Center only membership and possibly a day pass. The YMCA in Glens Falls is currently conducting a market study and found out that this area has one of the biggest penetration rates, so it is interesting how many people are traveling to the YMCA in Glens Falls.

Programs will include fitness assessment, group exercise classes with will compliment what is currently happening at the Town Hall, healthy eating educational classes, counseling sessions.

Brian handed out details of the proposed equipment and layout and emphasized that this is a partnership.

Supervisor Leggett thanked Mr. Bearor and asked if there were any questions.

Mr. Packer asked about what kind of counseling and where it would take place. Tammie LaGuerre from the YMCA Adirondack, replied that they would be using Turning Leaf Counseling Services and the counseling would consist of marriage, depression and behavioral for examples. The ultimate goal is to make people happy and healthy using a holistic concept; mind, body and spirit.

Mr. Turcotte asked if the people leading the exercise classes would be employed by the YMCA. Brian said they would be employed by the Y, but the classes that are already taking place could stay the way they are or become employees of the Y.

Mr. Durkish asked how the YMCA planned to sustain the Wellness Center when the Town has had other businesses leave and if people are willing to travel. Brian replied that the Y will have enough staff that will prevent burn out and the YMCA already has marketing so there should be little cost incurred.

Gary Pogozelski commented that this was a great thing locally, it should draw a lot of local seniors and a lot of people need this. Gary commented that counseling is needed in this area, because it is very hard to drive to Glens Falls after work is very hard.

Mrs. DuRose asked about the gymnasium. Mr. Bearor replied that they are here to support what the Town sees as their vision and help with grants. Mrs. DuRose asked if the gym was for the Y for the Town. Brian said they are here to help. Karen asked at what level the Y would be able to help with restoration. Brain said they probably have expertise that could be used. Marion Eagan commented that she asked Donna Lagoy for pictures to show what it looked like before as a "town center" where sporting events and plays to place. Marion has priced out the restoration and it could be completed as grants and donations come in.

Gary Polgozelski said he drives to Schroon Lake every Monday night to play volleyball and there were 21 people there last Monday and 4 of them were from this area. Brian said pickle ball seem to be big in Chestertown and would probably make use of the gym. Marion commented that we need a space in the winter out of the weather.

Supervisor Leggett asked which space would be better; the current Youth Center that the Youth Commission is now sharing with the Y or the old bookroom? Mr. Bearor said that the only way the Youth Center would work is to completely gut it which is more than the Y could afford. Mr. Durkish asked what the size of the bookroom and the size of the stage and if the equipment could go on the stage. Tammie LaGuerre said that the bookroom has a large closet that could be used for a changing room.

Mrs. DuRose asked what the Town needed to do to the bookroom for the Y to make a Wellness Center. Marion replied the Records Room has be moved to the old Stradford on the Hudson Room and the Friends of the Library are ready to move and are very happy with the space which was the original library.

Mr. Packer asked if there was going to be an age limit for the Wellness Center. Brian replied that the minimum age will probably be around 10 years old with a parent. Mike is not sold on the location because it is going to draw kids in the building. Brian stated that one of the things we have talked about were blocking off hallways, cameras and there would always be staff in the Wellness Center when it was open. Brain explained how the equipment was fit into the space.

Supervisor Leggett asked Brian if there were any problems. Brian said this has to be a partnership. When foot traffic doubles there will be ware and tare.

Mr. Turcotte asked about types of membership. Brian said they will have youth membership all the way through seniors. They are currently working on pricing for membership, besides having a full YMCA membership and a Wellness Center only membership and possibly a day pass. Brian would like to see families use the pool and basketball courts. Tammie and Jack Bartlett just started taking teenagers to the YMCA Glens Falls last week.

Mr. Packer asked about electrical for the Wellness Room. Brian said the Y will pay for upgrades to the room. Mrs. DuRose asked about air conditioning. Brian replied that Y will pay for HVAC.

Mrs. DuRose asked about the contract. Brian said we are waiting on contracts and then we can official publicize the Wellness Center, which will be a joint effort. The press release should include the need to renovate the gymnasium. Mr. Packer hates to see the Wellness Center upstairs. Brian asked that if they could start upstairs and maybe move as they grow. Brain said the money from the grant has to be spent by December.

Supervisor Leggett will ask the Attorney for the Town to prepare a contract.

RESOLUTION NO. 55 OF 2019: APPROVE THE WELLNESS CENTER LOCATION BE PLACED UPSTAIRS IN ROOM 210

RESOLVED, to approve that the Wellness Center location be upstairs in Room 210 (old bookroom).

On a motion by Supervisor Leggett, seconded by Mr. Turcotte, Resolution No. 55 of 2019 was **ADOPTED**.

AYE 5 NO 0

RESOLUTION NO. 56 OF 2019: APPROVE THE PLACEMENT OF A YMCA BANNER ON THE FRONT LAWN

RESOLVED, to approve the placement of a YMCA Campaign Banner on the front lawn of the Town Hall.

On a motion by Mr. Turcotte, seconded by Mrs. DuRose, Resolution No. 56 of 2019 was **ADOPTED**.

AYE 5 NO 0

On a motion by Mr. Packer, seconded by Mr. Turcotte, meeting adjourned at 6:25 pm.

Respectfully submitted,

Town Clerk